










# AutoBronzer™ - Spray Tanning Session Training - in 14 Steps








Sunless tanning is a popular way to enjoy the look of a tan without the need to go in the sun or tanning bed. The AutoBronzer is a new way to sunless tan which has exploded over the past year. The AutoBronzer allows you to get an immediate and beautiful sunless tan in just minutes, plus help you care for your skin with products that are alcohol-free and contain premium skincare ingredients.

<p><b>1</b></p>	<p><b>AutoBronzer Advantages</b></p> 	<ul style="list-style-type: none"> <li>• <b>Attractive open-air, “non-claustrophobic”</b> design for a comfortable and stress-free experience</li> <li>• <b>Immediate full-body spray tan and auto dry in under one minute.</b></li> <li>• <b>Choice of three tanning levels</b> based on body shape and size.</li> <li>• <b>Perfect, even, golden tan.</b></li> <li>• <b>Longer lasting color.</b></li> <li>• <b>Fast, convenient application.</b></li> <li>• <b>Easy-to-follow process</b> with voice instructions.</li> <li>• Top of the line technology for the <b>best spray tan possible.</b></li> </ul>																
<p><b>2</b></p>	<p><b>Preparation of Skin At home</b></p> 	<p><u>Proper skincare before spray tanning will help maximize the life of your beautiful tan:</u></p> <ul style="list-style-type: none"> <li>• <b>Exfoliate skin</b> with California Tan Primer to remove dead skin cells and to smooth and prepare skin for even sunless tanning results. Spend extra time on dry areas.</li> <li>• Shave at least one day before your spray tanning treatment.</li> <li>• Do not get spray tanned within four days of waxing.</li> <li>• <b>Do not moisturize</b> at least two hours prior to the sunless tanning session.</li> <li>• Boost results with California Tan Maximizer for faster, darker results.</li> <li>• <b>Wear dark, loose fitting clothing</b> to and from the session.</li> <li>• <b>Arrive showered, shaven, free of make-up, oil and moisturize for optimal results.</b></li> </ul>																
<p><b>3</b></p>	<p><b>How does it work?</b></p> 	<p>DHA (Dihydroxyacetone) is used in the spray as a self-tanning agent. It does not produce a “real tan” by increasing skin melanin levels, but it can create a tan appearance by developing a brown skin coloring. The action of DHA is limited to the upper layer of the skin and involves a reaction between DHA and skin proteins. The development of color takes anywhere from 2 - 4 hours. The tan created by the DHA affects only the top layer of the skin; it will begin to fade after 6 to 7 days as the skin naturally begins to exfoliate.</p>																
<p><b>4</b></p>	<p><b>Level Selector</b></p> 	<table border="1"> <thead> <tr> <th>Client height</th> <th>Level 1 – L1</th> <th>Level 2 – L2</th> <th>Level 3 – L3</th> </tr> </thead> <tbody> <tr> <td>&lt; 5'5"</td> <td>BEST</td> <td>Dark</td> <td>Not recommended<sup>2</sup></td> </tr> <tr> <td>5'5" – 5'9"</td> <td>Not recommended <sup>1</sup></td> <td>BEST</td> <td>Dark</td> </tr> <tr> <td>&gt; 5'10"</td> <td>Not recommended <sup>1</sup></td> <td>Light</td> <td>BEST</td> </tr> </tbody> </table> <p>1) Too little spray, which may result in light and uneven body coverage and color                  2) Too much spray, which may result in over-saturating the skin leaving it sticky and unnaturally dark  <b>Important:</b> for men with a lot of body hair level 2 is recommended (even if they are very tall).</p>	Client height	Level 1 – L1	Level 2 – L2	Level 3 – L3	< 5'5"	BEST	Dark	Not recommended <sup>2</sup>	5'5" – 5'9"	Not recommended <sup>1</sup>	BEST	Dark	> 5'10"	Not recommended <sup>1</sup>	Light	BEST
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<p><b>5</b></p>	<p><b>Jewelry</b></p> 	<ul style="list-style-type: none"> <li>• Remove all jewelry.</li> </ul>																
<p><b>6</b></p>	<p><b>Hair cap</b></p> 	<ul style="list-style-type: none"> <li>• Long hair should be tied back.</li> <li>• Place hair cap over hair, leaving ears, forehead and hairline exposed.</li> </ul>																
<p><b>7</b></p>	<p><b>Wipes</b></p> 	<ul style="list-style-type: none"> <li>• If you did not exfoliate your skin at home, use a Primer exfoliating towelette to prepare your skin for even sunless results.</li> <li>• Wipe away make-up and deodorant prior to spray tanning.</li> </ul>																
<p><b>8</b></p>	<p><b>Protectives</b></p> 	<ul style="list-style-type: none"> <li>• Use nose plugs or hold your breath.</li> <li>• Use eyewear or close your eyes.</li> <li>• Apply lip balm or close your lips.</li> </ul>																
<p><b>9</b></p>	<p><b>What to wear?</b></p> 	<ul style="list-style-type: none"> <li>• Wear your bathing suit, your undergarments, or disposable underwear.</li> <li>• Do not wear wool, nylon or silk during or after the spray tanning session and until after bathing as eight hours as the DHA in the spray tanning solution may stain these fabrics.</li> </ul>																

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<p><b>10</b></p>	<p><b>Barrier cream</b></p> 	<ul style="list-style-type: none"> <li>• Apply an <b>even, light coat</b> of Barrier Cream to <b>tops and bottoms of hands and feet, including nails and cuticles</b>. If barrier cream is not properly applied, it can result in stained cuticles or unnatural-looking spots and streaks on the hands and feet.</li> <li>• Lightly sweep barrier cream over the <b>back of your heel</b>.</li> <li>• Apply barrier cream to:             <ul style="list-style-type: none"> <li>- grey or white facial hair</li> <li>- sideburns</li> <li>- dry skin patches (knees, elbows, eczema)</li> </ul> </li> </ul> <p><b>Important:</b> men should generously apply barrier cream to finger, nails and toe nails as men have dryer cuticles that stain easily.</p>
<p><b>11</b></p>	<p><b>Position</b></p> 	<ul style="list-style-type: none"> <li>• Hold your arms 4 inches away from your body with palms facing away from "TAN" tower (arms should not be too far from the body otherwise shoulders may not be tanned).</li> <li>• Spread fingers apart.</li> <li>• Bend knees slightly.</li> <li>• Hold chin up.</li> <li>• Keep a nice relaxed facial expression.</li> <li>• During spraying <b>slightly twist upper body from side to side</b> to ensure an even tan.</li> <li>• For the back position: lean forward slightly to ensure coverage under buttocks.</li> </ul>
<p><b>12</b></p>	<p><b>Spray Session Voice Instructions</b></p> 	<ul style="list-style-type: none"> <li>• <b>Voice instructions will lead you through the entire spray tanning experience.</b></li> <li>• Step into the spray tanning towers and face the tower marked "TAN".</li> <li>• <b>Place feet on oval foot pads.</b></li> <li>• <b>Press the start button</b> - located on the right side of the TAN tower.</li> <li>• You will have 10 seconds to position yourself before spraying begins.</li> <li>• You will hear air blow through the spray nozzles immediately before spraying begins. During spraying <b>slightly twist your upper body</b> (for 3 seconds only) to ensure a seamless tan.</li> <li>• <b>Prepare by closing your eyes and mouth and hold your breath</b> during spraying.</li> <li>• When spraying is finished, <b>turn around</b> on the foot pads and face the DRY tower.</li> <li>• Once more you will hear air blow through the spray nozzles immediately before spraying begins. During spraying <b>slightly twist your upper body again</b> (for 3 seconds only).</li> <li>• When spraying is finished, a <b>drying session</b> will start automatically.</li> <li>• Turn and move body as needed to fully dry any areas that may feel damp or wet (there may be a slight sticky feeling from the sugar ingredient in the solution).</li> <li>• If extra drying is needed, push the button on the left to begin another drying session.</li> <li>• Carefully step off the platform onto a mat or towel.</li> <li>• Remove all protective wear.</li> <li>• <b>Carefully wipe off barrier cream</b> and wipe the palms and soles of feet with wet washcloth or wipes to safeguard against any staining.</li> <li>• To minimize the chance of the bronzer transferring to clothing, it is recommended to <b>gently pat the skin with a towel before get dressed</b>.</li> </ul>
<p><b>13</b></p>	<p><b>Important</b></p> 	<ul style="list-style-type: none"> <li>• Do not touch the nozzles of the AutoBronzer.</li> <li>• Stay on the foot pads during spraying and drying.</li> <li>• Do not inhale the spray.</li> <li>• AutoBronzer may not be used by people with pacemakers.</li> <li>• The AutoBronzer is not recommended for final users taking medications and pregnant mothers.</li> </ul>
<p><b>14</b></p>	<p><b>After Treatment &amp; Tips</b></p> 	<ul style="list-style-type: none"> <li>• Do not wear wool, nylon or silk fabrics until after your first shower.</li> <li>• <b>Wait at least six hours before you shower, moisturize, swim or do any physical activity</b> that could cause excessive perspiration. This will allow time for the self-tanning reaction to create a beautiful, natural-looking tan on the skin that will last for up to a week.</li> <li>• If you experience an unpleasant odor on your skin after-sunless spray tanning, spritz your skin with California Tan Neutralizer designed to <b>eliminate the after-sunless odor</b>. Do not apply until two hours after your treatment.</li> <li>• Don't worry if you see color washing off when you first shower. What you see washing off is the immediate cosmetic bronzer. What is left behind is a beautiful, sunless tan.</li> <li>• Correct potential stains with California Tan Corrector Kit if needed. Lifting cream and exfoliating bar help remove unwanted sunless stains.</li> <li>• <b>Wear a sunscreen</b> if you go sunbathing as most sunless solutions do not contain a sunscreen.</li> <li>• <b>Cleanse your skin daily</b> with California Tan Moisture Wash, starting with your first shower. It is the only moisturizing, tan-extending bodywash on the market enriched with unique ingredients to help preserve and prolong your sunless tanning results.</li> <li>• After your first shower, it is recommended to <b>moisturize daily</b> with California Tan <b>Extenders and Perfectors</b>, especially after bathing, to prolong the sunless tanning results.</li> <li>• Even out and intensify results with California Tan <b>Self Tanner products</b>.</li> <li>• To enhance your sunkissed glow and show-off results, use California Tan Bronzing Powder, After Glow™ Shimmer Spray and Lip Shine™.</li> <li>• <b>Show off your tan! You look great!</b></li> </ul>